# VETERAN-CIVILIAN CONNECTION

6-7:40pm Zoom

Women veterans Mental health Stigma Veterans' families Military-to-civilian

# transition

# FLASH PRESENTATIONS BY TILLMAN SCHOLARS AND MERCER UNIVERSITY INT 201 STUDENTS

## **MORE INFO**

Email Dr. Katherine Roseau at roseau\_ka@mercer.edu

Info about Tillman Scholars: https://pattillmanfoundation.org/

# Welcome

# HOW TO BEST ENJOY THE EVENT

Example 2 Keep your microphone muted during presentations.

Þ At the top right, you can choose speaker view or gallery view.

Þ Today's talks are flash presentations. We will move quickly from one speaker to the next. Send questions and comments via chat. We will only have time for a few questions, but we appreciate your interaction, and Dr. Roseau will forward your questions and comments to the students after the meeting.

**About Mercer University's Integrative Studies 201: Building Community** Students study issues of the public good and propose solutions for building and maintaining community. By examining works from multiple domains, students explore and reflect on the complexity of contentious issues and the

use of civil and effective communication. This section's topic is **Writing War: Combatants, Veterans, and Their Families.** 

## **About Tillman Scholars**

Pat Tillman was an NFL player who enlisted in the U.S. Army in 2002. He died in Afghanistan in 2004. The Pat Tillman Foundation was founded the same year. Tillman Scholars are military service members, veterans and spouses with a high potential for impact as demonstrated through a proven track record of leadership, the continued pursuit of education and the commitment of their resources to service beyond self. https://pattillmanfoundation.org/the-foundation/

# Program

### 6-6:05: WELCOME

## 6:05-6:50: TILLMAN SCHOLARS (5 MINUTES EACH, FOLLOWED BY Q&A)

#### **Eric Chastain**

Eric is a Command Sergeant Major in the United States Army with 23 years of active military service, including nearly three years of combat operations in Iraq. He is currently pursuing a Doctorate in Social Work at the University of Southern California. He is focused on strengthening public-private partnership interventions to reduce recidivism and restoring family integrity. https://pattillmanfoundation.org/meet-our-scholars/eric-chastain/

#### Jessica Huerta

Jessica enlisted in the Air Force after 9/11, with a position as an airfield and weather radar technician, then became a quality assurance inspector for airfield-communication systems. In 2007 she deployed with security forces to Iraq. Her UCLA master's thesis in sociology was a content analysis of newspaper representations of women in combat. Her dissertation illuminates the constraints and challenges in the evolving cultural ideas about masculinity and fatherhood. https://pattillmanfoundation.org/meet-our-scholars/jessica-huerta/

#### Natasha Ryan

Natasha joined the Army in July 1999 as an Administrative Specialist and Postal Clerk. Early in her career, she deployed to Bosnia, Kuwait and Pakistan, where she supported humanitarian aid efforts through the U.S. Embassy in Islamabad. But a chance meeting with two female Big Windy pilots motivated Natasha to pursue a new path in Army aviation. Still actively serving, she is pursuing a graduate degree in Occupational Safety Management at Embry Riddle Aeronautical University. She hopes to influence organizations such as the FAA and NTSB to research and lobby for safer protocols in civil and military aviation standards. https://pattillmanfoundation.org/meet-our-scholars/natasha-ryan/

#### Ashley Whitlock

Ashley's commitment to service began at a young age with volunteerism and philanthropy. However, as the wife and now widow of Captain Nicholas Schade Whitlock, U.S. Air Force, sacrificial service has taken on a deeper and more personal meaning. Ashley co-founded the Capt. Nicholas Schade Whitlock Foundation and recently completed her Master in Public Administration at Harvard Kennedy School in order to begin a new professional chapter focused on helping other women facing the shared challenge of starting over. https://pattillmanfoundation.org/meet-our-scholars/ashley-whitlock/

#### Jonathan Yellowhair

Jonathan Yellowhair received his Master of Science degree in Clinical Mental Health Counseling from Georgia State University and is a United States Marine Corps Veteran with deployments to Iraq and Afghanistan. He conducts assessments and is passionate about facilitating groups for clients mandated from the courts and individuals navigating substance use disorders. His work is grounded in helping his Navajo community, but he has also been fortunate to have learned and worked in marginalized African American and Hispanic/Latinx communities in Atlanta, GA. https://pattillmanfoundation.org/meet-ourscholars/jonathan-yellowhair/

### 6:50-6:55: 5-MINUTE BREAK

### **6:55-7:40: INT 201 PRESENTATIONS**

#### Session 1: Women in The Military (6:55-7)

Yuuki Ando: Healthcare Support for Women Veterans Autaria Morgan: Homecoming of Wives and Mothers Q&A

#### Session 2: Mental Health (7-7:15)

Alex Beaullieu: Psychological Support for Veterans Catie Evans: Combatant Guilt Larson Evans: Using Technology to Improve PTSD Treatment Madison Golphin: Self-Medication and Drug Abuse Prachi Patel: Art Therapy Payton Schurr: Preventing Veteran Suicide Q&A

#### Session 3: Stigma (7:15-7:20)

Sid Mesumbe: Destigmatizing Mental Health Care Julia Tra: Educating Civilians on Combat PTSD to Break Stigma Sanjeev Uppaluri: Combating Stigma Through Veteran-to-Veteran Accountability Q&A

#### Session 4: Veterans' Families (7:20-7:25)

Ammar Irfan: A Veteran's Purpose Within the Family Halle Porter: Educating Loved Ones About Military Trauma Paula Ramirez Oviedo: Supporting Children of Deployed Parents Q&A

#### Session 5: Transitioning from Military to Civilian Life (7:25-7:35)

Myles Brown: Reintegration and What Civilians Can Do Emily Colton: Creating Veterans' Networks Abdul Malik: Reintegrating into the Civilian Workforce Brandon Miley: Housing Assistance for Homeless Veterans Katherine Nguyen: Veteran Identity Q&A